



7 August 2022  
Trinity 8 Proper 14

**Welcome to our worship, especially if you are here for the first time.**

**Responsible for one another ...** Please respect each other's choices.

From today all who wish to, will be able to receive Communion in both kinds - the consecrated wine as well as the bread.

No one will be expected to drink from the Chalice. The common cup will be received standing and the person administering the chalice will wear a mask – as the President does. But for the safety and welfare of all, intinction (dipping your wafer in the wine) will not be possible – please do not embarrass the Lay-Assistants by trying to do so. Dipping represents a greater risk to others, from 'thumbs and crumbs' inadvertently being dipped also.

You may also wish to return to the practice of sharing the peace with a handshake. We ask all to exercise sensitivity around those who may not feel ready to resume handshaking yet. If you wish to continue to wave or nod that's OK too.

Ask for a card to put on the seat next to you to ask it be left free if that will help you feel safer. A face covering is your choice.

### Sunday 7 August

8am Said Eucharist at St Andrew's: Canon Paul Gully

9.30am Family Eucharist at Resurrection: Canon Paul Gully Reader: Geoff Wilson, Intercessor: Marina Horner

Hymns: 489,259,56,186

11.15am Family Eucharist at St Andrew's: Canon Paul Gully, Reader: Ruth Taylor, Intercessor: Ann Howells

Hymns: 655,340,70,249

### Wednesday 10 August

10am Said Eucharist at St Andrew's: Canon Paul Gully

7pm Said Eucharist at Resurrection : Canon Paul Gully

### Collect for Trinity 8

Lord God, your Son left the riches of heaven and became poor for our sake: when we prosper save us

from pride, when we are needy save us from despair, that we may trust in you alone; through Jesus Christ our Lord.

### Hebrews 11.1-3,8-16

Now faith is the assurance of things hoped for, the conviction of things not seen. 2Indeed, by faith our ancestors received approval. 3By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible.

8 By faith Abraham obeyed when he was called to set out for a place that he was to receive as an inheritance; and he set out, not knowing where he was going. 9By faith he stayed for a time in the land he had been promised, as in a foreign land, living in tents, as did Isaac and Jacob, who were heirs with him of the same promise. 10For he looked forward to the city that has foundations, whose architect and builder is God. 11By faith he received power of procreation, even though he was too old—and Sarah herself was barren—because he considered him faithful who had promised.12Therefore from one person, and this one as good as dead, descendants were born, 'as many as the stars of heaven and as the innumerable grains of sand by the seashore.'

13 All of these died in faith without having received the promises, but from a distance they saw and greeted them. They confessed that they were strangers and foreigners on the earth, 14for people who speak in this way make it clear that they are seeking a homeland. 15If they had been thinking of the land that they had left behind, they would have had opportunity to return. 16But as it is, they desire a better country, that is, a heavenly one. Therefore God is not ashamed to be called their God; indeed, he has prepared a city for them.

### Luke 12.32-40

'Do not be afraid, little flock, for it is your Father's good pleasure to give you the kingdom. 33Sell your possessions, and give alms. Make purses for yourselves that do not wear out, an unfailing treasure in heaven, where no thief comes near and no moth destroys. 34For where your treasure is, there your heart will be also.

35 'Be dressed for action and have your lamps lit; 36be like those who are waiting for their master to return from the wedding banquet, so that they may open the door for him as soon as he comes and knocks. 37Blessed are those slaves whom the master finds alert when he comes; truly I tell you, he will fasten his belt and have them sit down to eat, and he will come and serve them. 38If he comes during the middle of the night, or near dawn, and finds them so, blessed are those slaves.

39 'But know this: if the owner of the house had known at what hour the thief was coming, he would not have let his house be broken into. 40You also must be ready, for the Son of Man is coming at an unexpected hour.'

### Post-Communion Prayer for Trinity 8

Strengthen for service, Lord, the hands that have taken holy things; may the ears which have heard your word be deaf to clamour and dispute; may the tongues which have sung your praise be free from deceit; may the eyes which have seen the tokens of your love shine with the light of hope; and may the bodies which have been fed with your body be refreshed with the fullness of your life; glory to you for ever.

**Do you worry about how few young people and families are involved in Parish life?** Of course we have Messy Church but how about something else? Here's one

way in which you can help. Why not join with a group of other concerned and like-minded people by going along to a Young Alpha course? We're not running it for young people yet. This time it is intended initially as a course for adults who are church members to help us understand how young people tick in the fast changing world where e.g. email and Facebook and Instagram are 'so yesterday'. It will give us chance as a church to discuss and explore our faith with the added benefit of giving us a closer look at seeing faith from a young person view, which will help us break down barriers when we speak to young people. Sign up sheet will be available in September. Venue St Andrews Hall. Please talk to Daron (11-15am and 10am services) for more details.

**Men's Breakfast** - Coming in the Autumn, Men's Breakfast with guest speaker more details to follow soon

**Care and Fellowship Group:** We won't be meeting in August but will be back on **24 September at 2 o'clock!**  
Di Allen

**Dragonfly in Concert:** After a two-year break because of the COVID crisis, Dragonfly returns in a new charity concert. The programme will include new songs to the band, which you will know from the original artists, as well as some fan favourites. For details of the concert date and venue, and how to get tickets, see the poster in each church. John

**Ever wanted to find out how the Old Testament is important to Christian faith today?**

**How about trying Living Faith: Old Testament**

This is the fifth module in the Living Faith programme and covers a range of Old Testament books and themes over ten weeks. We trace both the historical and theological development of Israel from Creation through to the period of Antiochus Epiphanes. Course book and materials are sent to course members by pdf. No previous knowledge or study is required. **To apply, please email Anthony Rustell. The course starts on 15 September and runs for ten weeks at 7pm every Thursday on Zoom (breaking for half term).** <https://www.portsmouth.anglican.org/events/2022/09/15/living-faith-old-testament/>

**Dementia support Maintenance and Cognitive Stimulation Therapy (MCST)** supporting the wellbeing and mental stimulation of people living with dementia.

AgeUK is launching a new group in Denmead – based at the Denmead Grange Care Home. The group is for anyone who has newly diagnosed dementia or mild dementia. Participants can either self refer or can be referred in by GP's Social Prescribers, other Health Care Professionals and community groups. This new initiative will hopefully commence in the Autumn.

There will be a maximum of 8 participants and their partners/carers and if it is successful then AgeUK is hoping to run the groups at other local venues. For more details contact [kandy.lucas@ageukportsmouth.org.uk](mailto:kandy.lucas@ageukportsmouth.org.uk) or 023 9288 3506

**Events at St Mary's**

**Do something Different Day At St Mary's Wednesday 10 August 10.30am – 4pm** Crafts, games, lunch, afternoon tea and cake, and a film. Cost: £5 per person to include all refreshments and activities (pay on the day) **To book your place please ring St Mary's Office on 02392**

**814444 or email [officeassistant@portseaparish.co.uk](mailto:officeassistant@portseaparish.co.uk)** St Mary's Church, Fratton Road, Portsmouth PO1 5PA. Tel: 023 9281 4444. [portseaparish.co.uk/events](http://portseaparish.co.uk/events)

**A Celebration of Cycling & Picnic at St Mary's Sunday 14 August 12pm – 2.30pm** Bring a picnic & enjoy music and meet various cycling groups and traders from our city from the Pompey Pluckers from 12pm. At 2 pm there will be a short service when we will bless people and their bikes and celebrate the gift of cycling. Giving thanks to those who improve road safety and remembering those killed or injured on the roads. Open to people of all faiths and none. If you enjoy cycling, come along!

**Next Sunday 14 August  
Trinity 9 Proper 15**

8am Said Eucharist at St Andrew's: Canon Paul Gully  
10am Family Service at Resurrection: Canon Paul Gully, Preacher: Simon Lemieux, Reader: Nicholas Lemieux, Intercessor: Kathryn Gunns  
12 noon Baptism at St Andrew's: Lucas Henry Chuter

*The readings for 14 August are Hebrews 11.29-12.2 and Luke 12.49-56 I really encourage you to read these before you come to worship. Paul*

**For your prayers this week  
7-13 August**

- Living Lord, may we all be filled with the energy of youth. Let us not be stuck in our ways, but embrace and adapt to change.
- For our Diocesan Lay and Ordained Ministry Team led by Anthony Rustell
- For all those on holiday or travelling
- For residents of The Close and The Fairways
- For Springfield School
- For those who are ill
- For those who have died recently
- Anniversaries: Mavis Allcock, Zoe Budd and Vivienne Williams

Rector: The Revd Canon Paul Gully Tel: 023 9237 5145 email: [paul@farlingtonparish.co.uk](mailto:paul@farlingtonparish.co.uk)

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If you have any information for inclusion in pew sheets, please contact Kathryn Gunns by **Thursday 4.30pm** on 023 9237 3019 email: [kgunns@gmail.com](mailto:kgunns@gmail.com).