

Hi Everyone - Please see below the note from Clare Seek

I wondered if you'd be happy to spread this round the church network in the city, as I'm helping a friend spread the word about some practical help for Syria & Iraq that she's involved with.

We're arranging a Southsea collection again to go to Syria & Iraq, and need your help. Can you donate any of the following:

- + Sanitary towels (no tampons)
- + Incontinence pads
- + Nappies
- + Toothbrushes
- + Toothpaste
- + Soap (no liquids)

You can drop them to Victoriana's Warehouse on Exmouth Road, Southsea (or one of the shops on Marmion Rd), but they need to be there by the end of April.

If you have the time, there is also the opportunity for people to compile a 'CARE BOX' for an expectant mother or new born baby which you can fill with items that the appeal specify, decorate and include a message for the expectant or new mum. You can find more details on what to include here: <http://www.samarasaidappeal.org/care-packs/> (But at step 7, you can deliver it to Victoriana in Southsea). Maybe get together with some friends and create one?

Any questions, feel free to email clareseek@yahoo.co.uk or leave a message on our Facebook page: <https://www.facebook.com/events/258174814516673/>

Clare